

Medway Primary Autumn/Winter 20/21 Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Cheese and Tomato Pizza ** with Dough Balls (V) Cheesy Tomato Topped Pizza Slice	Chicken Burger with Potato Wedges Roast chicken served in a soft bun with lettuce and mayo	Roast Turkey with Roast Potatoes and Gravy Succulent roast Turkey with fluffy roasties and tasty gravy	Pasta Bolognese ** A classic Italian beef Bolognese in a yummy tomato sauce	Golden Fish Fingers and Chips Crispy Fish Fingers and scrummy chips
Alternative Dish	Tomato and Basil Pasta (V) A delicious fresh homemade tomato and basil sauce with penne pasta	Veggie Burger with Potato Wedges (V) Veggie Burger served in a soft bun with lettuce and mayo	Quorn Roast with Roast Potatoes and Gravy (V) Succulent roast Quorn with fluffy roasties and tasty gravy	Veggie Bolognese A classic Italian Veggie Bolognese in a yummy tomato sauce	Quorn Nuggets and Chips (V) Crispy Quorn nuggets with their fave sauce – ketchup
Jacket Potato	Jacket Potato With A Choice Of Fillings				
	Salad Available on the Counter Daily				
Vegetables	Sweetcorn	Peas	Carrots	Sweetcorn	Baked Beans
Desserts	Strawberry Ice Cream with Fruit	Secret Brownie	Shortbread Biscuit with Fruit Slices *	Chocolate Ice Cream with Fruit	Flapjack and Fruit

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily



Medway Primary Autumn/Winter 20/21 Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Cheese and Tomato Pizza ** <i>with potato Wedges (V)</i> Cheesy Tomato Topped Pizza Slice	Chicken Tikka Masala <i>with Rice **</i> Succulent chicken in a mild curry sauce	Roast Gammon with Roast Potatoes and Gravy Crispy roast Gammon with fluffy roasties and tasty gravy	Favourite Beef Lasagne <i>with a Garlic & Herb Bread Wedge **</i> A classic Italian layered pasta dish with beef mince	Southern Fried Chicken Tasters Lightly seasoned crispy chicken strips and scrummy chips
Alternative Dish	Hotdog with Potato Wedges <i>Our favourite veggie hotdog served with ketchup in a soft sub roll</i>	Baked Macaroni (V) Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce	Quorn Roast with Roast Potatoes and Gravy Roast Quorn with fluffy roasties and tasty gravy	Veggie Lasagne with a Garlic & Herb Slice A classic Italian layered pasta dish with Vegetables	Quorn Nuggets and Chips Crispy nuggets and chips
Jacket Potato	Jacket Potato With A Choice Of Fillings				
	Salad Available on the Counter Daily				
Vegetables	Sweetcorn	Peas	Carrots	Sweetcorn	Baked Beans
Desserts	Vanilla ice cream with fruit	Shortbread Biscuit and Fruit	Strawberry Ice Cream	Chocolate Cake	Jelly and Fruit

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based (V) Vegetarian



Medway Primary Autumn/Winter 20/21 Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Baked Macaroni (V) Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce	Sausage and Mash with Gravy Traditional Pork Sausage and Mash with rich Gravy	Roast Turkey with Roast Potatoes and Gravy Moist roast turkey with fluffy roasties and tasty gravy	Pasta Bolognese ** A classic Italian beef Bolognese in a yummy tomato and beef sauce	Beef Burger in a bun and Chips Hamburger and scrummy chips
Alternative Dish	Cheese and Tomato Pizza ** with Dough Balls (V) Cheesy Tomato Topped Pizza Slice	Veggie Sausage and Mash Traditional Veggie Sausage and Mash with rich Gravy	Quorn Roast with Roast Potatoes and Gravy Roast Quorn with fluffy roasties and tasty gravy	Quorn Bolognese **(V) Penne pasta in a yummy tomato and Quorn sauce	Veggie Burger with Chips (V) A delicious Veggie burger
Jacket Potato	Jacket Potato With A Choice Of Fillings				
	Salad Available on the Counter Daily				
Vegetables	Sweetcorn	Peas	Carrots	Sweetcorn	Baked Beans
Desserts	Strawberry ice cream and fruit	Raspberry Yoghurt Cake	Flapjack with Fruit Slices *	Chocolate Apricot Brownie	Vanilla Ice Cream

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based (V) Vegetarian

